

## **Education > Curriculum > GYROTONIC® > Final Certification**

### **Purpose:**

Upon successful completion of the Final Certification Course Level 1, the Apprentice will attain the status of a Certified GYROTONIC® Trainer Level 1. This will enable the Trainer to enroll in the advanced GYROTONIC® Educational Programs.

### **Pre-requisite:**

The Apprentice must present the completed Apprentice Log Sheet on the first day of the course. The Apprentice Log Sheet must display the final signature of the supervising Master Trainer.

### **Final Certification Course Teacher:**

Final Certification Courses are conducted according to the instructions of Juliu Horvath.

### **Amount of days:**

The Course is 3 days in length, 4 to 6 hours per day.

### **Successful completion:**

The Apprentice must physically execute and demonstrate all exercises and principles of the Foundation Course Syllabus. Additionally, the Apprentice must apply the appropriate verbal cues and physical guidance to a moving person according to the Foundation Course Manual. A Certificate Level 1 will be issued upon successful completion only.

-----

## **Education > Curriculum > GYROTONIC® > Continuation**

Level 1 Certified Trainers are required to complete a 3-day, minimum of 4 hours per day, Certified Trainer Update Course once every two years for the following purposes:  
Trademark License Renewal: All Students enrolling in Foundation Teacher Training Courses sign a Trademark License Agreement dated with the first day of the Course. This enables the Apprentice to teach GYROTONIC® Methodology to clients, as well as use the GYROTONIC® Trademarks for promotional purposes, as outlined in the License.  
In order for GYROTONIC® Headquarters to re-issue a new License upon expiration of the previous License, the Trainer must successfully complete a mandatory Certified Trainer Update Course.

The Trainer must complete the Update Course within the 12-month period prior to the date of expiration of the License.

The Trainer must take the Update Course with a GYROTONIC® Master Trainer. The Master Trainer will notify GYROTONIC® Headquarters once the Update Course has been completed.

Prior to expiration of the existing License, GYROTONIC® Headquarters will notify the Trainer by sending a Trademark License Renewal letter that the Trainer must sign and return to GYROTONIC® Headquarters.

In addition to sending the License Renewal letter back to GYROTONIC® Headquarters, the Trainer must also mail samples of all promotional materials (business cards, brochures, flyers, websites, etc) currently being used. GYROTONIC® Headquarters will review these materials for proper trademark usage.

Upon approval of the renewal letter and the promotional material by **GYROTONIC®** Headquarters, a new Level I Certificate will be issued to the Certified Trainer. The Certificate will show an expiration date of two years from the License Renewal date. As a result, the Trainer will have an active License and Certificate for two years. The same procedures will follow every two years.

Beginning on January 1st, 2009, Certified **GYROTONIC®** Trainers have the option of taking any one of the following Courses to satisfy the Level 1 Update requirements:

1) Courses taught on the **GYROTONIC®** Pulley Tower Combination Unit:

a- The **GYROTONIC®** Level 1 Update Course for Certified Trainers, 3 days in length (re-taking an entire Foundation Course will also satisfy this Update requirement)

b- The Therapeutic Applications Specialized Workshop taught by either Paul Horvath or Uwe Herbstreit

c- The **GYROTONIC®** Level 2 Pre-Training Workshop (beginning May 1, 2010)

d- The **GYROTONIC®** Level 2 Teacher Training Course

2) Courses taught on the **GYROTONIC®** Specialized Equipment:

a- The Gyrotoner Foundation Course, 4 days in length

b- The Jumping-Stretching Board Foundation Course, 7 days in length

c- The Leg Extension Unit Foundation Course, 6 days

d- The Archway Foundation Course, 7 days in length