**Education > Curriculum > GYROTONIC® > Final Certification**

**Purpose:**

Upon successful completion of the Final Certification Course Level 1, the Apprentice will attain the status of a Certified **GYROTONIC®** Trainer Level 1. This will enable the Trainer to enroll in the advanced **GYROTONIC®** Educational Programs.

Pre-requisite:

The Apprentice must present the completed Apprentice Log Sheet on the first day of the course. The Apprentice Log Sheet must display the final signature of the supervising Master Trainer.

Final Certification Course Teacher:

Final Certification Courses are conducted according to the instructions of Juliu Horvath.

Amount of days:

The Course is 3 days in length, 4 to 6 hours per day.

Successful completion:

The Apprentice must physically execute and demonstrate all exercises and principles of the Foundation Course Syllabus. Additionally, the Apprentice must apply the appropriate verbal cues and physical guidance to a moving person according to the Foundation Course Manual. A Certificate Level 1 will be issued upon successful completion only.

---------------------------------------------------------------------------------------------------------------

**Education > Curriculum > GYROTONIC® > Continuation**

Level 1 Certified Trainers are required to complete a 3-day, minimum of 4 hours per day, Certified Trainer Update Course once every two years for the following purposes:

Trademark License Renewal: All Students enrolling in Foundation Teacher Training Courses sign a Trademark License Agreement dated with the first day of the Course. This enables the Apprentice to teach **GYROTONIC®** Methodology to clients, as well as use the **GYROTONIC®** Trademarks for promotional purposes, as outlined in the License.

In order for **GYROTONIC®** Headquarters to re-issue a new License upon expiration of the previous License, the Trainer must successfully complete a mandatory Certified Trainer Update Course.

The Trainer must complete the Update Course within the 12-month period prior to the date of expiration of the License.

The Trainer must take the Update Course with a **GYROTONIC®** Master Trainer. The Master Trainer will notify **GYROTONIC®** Headquarters once the Update Course has been completed.

Prior to expiration of the existing License, **GYROTONIC®** Headquarters will notify the Trainer by sending a Trademark License Renewal letter that the Trainer must sign and return to **GYROTONIC®** Headquarters.

In addition to sending the License Renewal letter back to **GYROTONIC®** Headquarters, the Trainer must also mail samples of all promotional materials (business cards, brochures, flyers, websites, etc) currently being used. **GYROTONIC®** Headquarters will review these materials for proper trademark usage.

Upon approval of the renewal letter and the promotional material by **GYROTONIC®** Headquarters, a new Level I Certificate will be issued to the Certified Trainer. The Certificate will show an expiration date of two years from the License Renewal date. As a result, the Trainer will have an active License and Certificate for two years. The same procedures will follow every two years.

Beginning on January 1st, 2009, Certified **GYROTONIC®** Trainers have the option of taking any one of the following Courses to satisfy the Level 1 Update requirements:

1) Courses taught on the **GYROTONIC®** Pulley Tower Combination Unit:

a- The **GYROTONIC®** Level 1 Update Course for Certified Trainers, 3 days in length (re-taking an entire Foundation Course will also satisfy this Update requirement)

b- The Therapeutic Applications Specialized Workshop taught by either Paul Horvath or Uwe Herbstreit

c- The **GYROTONIC®** Level 2 Pre-Training Workshop (beginning May 1, 2010)

d- The **GYROTONIC®** Level 2 Teacher Training Course

2) Courses taught on the **GYROTONIC®** Specialized Equipment:

a- The Gyrotoner Foundation Course, 4 days in length

b- The Jumping-Stretching Board Foundation Course, 7 days in length

c- The Leg Extension Unit Foundation Course, 6 days

d- The Archway Foundation Course, 7 days in length