

## **Education > Curriculum > GYROKINESIS®> Certification**

### **Purpose:**

Upon successful completion of the Level 1 Final Certification Course, the Apprentice will attain the status of a Level 1 **GYROKINESIS®**Certified Trainer. This will enable the Trainer to enroll in advanced **GYROKINESIS®**Educational Programs.

### **Pre-requisite:**

The Apprentice must present the completed Apprentice Log Sheet on the first day of the course. The Apprentice Log Sheet must display the final signature of the supervising Master Trainer.

### **Final Certification Course Teacher:**

Final Certification Courses are taught either by founder Juliu Horvath or an Authorized Master Trainer appointed by him.

### **Amount of days:**

The Course consists of 2 days, 4 to 6 hours per day.

### **Successful completion:**

The Apprentice must physically demonstrate and teach all 90-minute class formats from the Foundation Course Manual. Additionally, the student must apply the appropriate verbal cues and physical guidance to a moving person according to the Foundation Course Manual. A Level 1 Certificate will be issued only upon successful completion.

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## **Education > Curriculum > GYROKINESIS®> Continuation**

Level 1 Certified Trainers are required to complete a 3-day, minimum of 4 hours per day, Certified Trainer Update Course, or Juliu Horvath's Breathing Workshop or Rejuvenation Workshop, once every two years for the following purposes:

Trademark License Renewal: All Students enrolling in Foundation Teacher Training Courses sign a Trademark License Agreement dated with the first day of the Course. This enables the Apprentice to teach **GYROKINESIS®**classes to the public and to clients, as well as use the **GYROKINESIS®**Trademarks for promotional purposes, as outlined in the License.

In order for **GYROTONIC®** Headquarters to re-issue a new License upon expiration of the previous License, the Trainer must successfully complete a mandatory Certified Trainer Update Course.

The Trainer must complete the Update Course within the 12-month period prior to the date of expiration of the License.

The Trainer must take the Update Course with a **GYROKINESIS®**Master Trainer. The Master Trainer will notify **GYROTONIC®** Headquarters once the Update Course has been completed.

Prior to expiration of the existing License, **GYROTONIC®** Headquarters will notify the Trainer by sending a Trademark License renewal letter that the Trainer must sign and return to **GYROTONIC®** Headquarters.

In addition to sending the License Renewal letter back to **GYROTONIC®** Headquarters, the Trainer must also mail samples of all promotional materials (business cards, brochures, flyers, websites, etc) currently being used. **GYROTONIC®** Headquarters will review these materials for proper trademark usage.

Upon approval of the renewal letter and the promotional material by **GYROTONIC®** Headquarters, a new Level I Certificate will be issued to the Certified Trainer. The Certificate will show an expiration date of two years from the License Renewal date. As a result, the Trainer will have an active License and Certificate for two years. The same procedures will follow every two years.

Courses that count toward Gyrokinesis License Renewal:

1. The 3-day Gyrokinesis Update Course
2. Juliu Horvath's Breathing Workshop
3. Juliu Horvath's Rejuvenation Workshop