**Education > Curriculum > GYROKINESIS®> Certification**

**Purpose:**

Upon successful completion of the Level 1 Final Certification Course, the Apprentice will attain the status of a Level 1 **GYROKINESIS®**Certified Trainer. This will enable the Trainer to enroll in advanced **GYROKINESIS®**Educational Programs.

Pre-requisite:

The Apprentice must present the completed Apprentice Log Sheet on the first day of the course. The Apprentice Log Sheet must display the final signature of the supervising Master Trainer.

Final Certification Course Teacher:

Final Certification Courses are taught either by founder Juliu Horvath or an Authorized Master Trainer appointed by him.

Amount of days:

The Course consists of 2 days, 4 to 6 hours per day.

Successful completion:

The Apprentice must physically demonstrate and teach all 90-minute class formats from the Foundation Course Manual. Additionally, the student must apply the appropriate verbal cues and physical guidance to a moving person according to the Foundation Course Manual. A Level 1 Certificate will be issued only upon successful completion.

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**Education > Curriculum > GYROKINESIS®> Continuation**

Level 1 Certified Trainers are required to complete a 3-day, minimum of 4 hours per day, Certified Trainer Update Course, or Juliu Horvath's Breathing Workshop or Rejuvenation Workshop, once every two years for the following purposes:

Trademark License Renewal: All Students enrolling in Foundation Teacher Training Courses sign a Trademark License Agreement dated with the first day of the Course. This enables the Apprentice to teach **GYROKINESIS®**classes to the public and to clients, as well as use the **GYROKINESIS®**Trademarks for promotional purposes, as outlined in the License.

In order for **GYROTONIC®** Headquarters to re-issue a new License upon expiration of the previous License, the Trainer must successfully complete a mandatory Certified Trainer Update Course.

The Trainer must complete the Update Course within the 12-month period prior to the date of expiration of the License.

The Trainer must take the Update Course with a **GYROKINESIS®**Master Trainer. The Master Trainer will notify **GYROTONIC®** Headquarters once the Update Course has been completed.

Prior to expiration of the existing License, **GYROTONIC®** Headquarters will notify the Trainer by sending a Trademark License renewal letter that the Trainer must sign and return to **GYROTONIC®** Headquarters.

In addition to sending the License Renewal letter back to **GYROTONIC®** Headquarters, the Trainer must also mail samples of all promotional materials (business cards, brochures, flyers, websites, etc) currently being used. **GYROTONIC®** Headquarters will review these materials for proper trademark usage.

Upon approval of the renewal letter and the promotional material by **GYROTONIC®** Headquarters, a new Level I Certificate will be issued to the Certified Trainer. The Certificate will show an expiration date of two years from the License Renewal date. As a result, the Trainer will have an active License and Certificate for two years. The same procedures will follow every two years.

Courses that count toward Gyrokinesis License Renewal:

1. The 3-day Gyrokinesis Update Course

2. Juliu Horvath's Breathing Workshop

3. Juliu Horvath's Rejuvenation Workshop